

## HELPFUL TIPS

### LODGING:

- Participant lodging is in one of **two** dormitories (Morrison **(1)**-early dorm-lights out at 10 p.m.; or ALFA**(2)** -late dorm). Dorm rooms have two bunk beds (sleeps 4) with a bathroom. All buildings are heated and cooled.
- Cabins are available for larger groups; can accommodate up to 13 people. Cabins share a bathhouse.
- Linens are provided.

### MEALS/FOOD:

- LUNCH WILL **NOT** BE PROVIDED FOR PARTICIPANTS ON FRIDAY. [PLEASE EAT LUNCH BEFORE YOU ARRIVE FOR REGISTRATION!](#)
- Cafeteria-style meals are served according to the days/times on the agenda. If you have special dietary requirements that cannot be accommodated by standard buffet-style dining, **refrigerator space** can be made available. Please indicate if you need refrigerator space on your registration form. There is a cost of \$10 per day for the refrigerator which the participant is required to pay.
- Vegetarian plates are available upon request. Please request these plates on the registration form.
- Soft drink/snack machines are available on-site.

### CLOTHING:

- Wear clothing appropriate for outdoor activities, (i.e. jeans, cargo pants, tennis shoes, hiking boots, hat, etc.) DO NOT wear clothes or shoes that you don't want to get dirty or torn.
- **Please be prepared for inclement weather. Sessions will go on . . . rain or shine!**
- **Remember, the weather may be warm and/or cold. Be prepared for both.**
- Fanny packs or miniature backpacks are helpful.

### RESTROOMS:

- Restrooms are also available in each of the main buildings and the activity field.

### ALTHOUGH NOT REQUIRED, UNLESS SPECIFIED IN REQUIRED EQUIPMENT, YOU MAY ALSO WANT TO BRING:

- Extra bath towels.
- Blanket or quilt.
- Bottled water or a water bottle.
- In-between meal snacks.
- Ice chest/cooler.
- Poncho, raincoat, hat, sunglasses.
- Flashlight, pocket knife, insect repellent, sun screen, alarm clock.
- Your own fishing or shooting gear.
- For the *Optional Saturday Night Campout* – bring a tent, sleeping bag, etc.
- Money (cash or checks) for auction and sale items

## DIRECTIONS TO THE 4-H CENTER

**FROM MONTGOMERY** – I-65 North to exit 212; turn right onto AL Hwy 145, continue for approximately 20 miles; turn right onto Shelby County Road 28; follow Co. Rd. 28 to “4-H Center” sign.

**FROM BIRMINGHAM** – I-65 South to exit 238. Turn at top of ramp onto Hwy 31. Travel 6.3 miles and turn left onto Hwy. 70. Follow Hwy 70 into Columbiana. (Road changes to Hwy. 28). Go through 2 traffic lights and the road will fork. Stay to right of fork in front of Shelby County High School. Travel 4.8 miles to Hwy 145. Cross over Hwy 145 and travel 1.7 miles. Turn left at the Alabama 4H Center sign. Follow road to registration.

Also, directions via Hwy 280 can be found at: <http://www.aces.edu/4hcenter/directions.php>

### Don't Forget Required Equipment For Sessions...

*Sticks to Staffs: Pocket Knife*

*Boat Handling: Driver's License*

*Photography I: Digital Camera*

*Intro to Fishing:*

*Rock Climbing:*

*All Fishing Classes: Hat, glasses, or sunglasses*

*Freshwater license*

*Lace-up shoes.*

*Canoeing: Sunscreen, waterproof bag, water sandals or tennis shoes (NO FLIP FLOPS) swimsuit & change of clothes. Be prepared to get wet!*

*Geocaching, Reading the Woods, & Get Your Bearings: Comfortable walking shoes.*